

WELCOME TO PORTIMÃO

a guide to your stay, work and daily life



*We are excited to welcome you to Portimão
and support you throughout your stay!*

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*Get ready for an unforgettable
experience in the Algarve!*

OUR HOSTING SERVICES

DOTS hosts young people that decide to do their internships abroad through the Erasmus Projects. We offer different hosting services to help interns find the perfect workplace based on their study fields and to support them during their period in Portimão.



Placement in the company that best fits your profile



Accommodation, transfers and local transport



Continuous trainings and monitoring during the experience

THE CITY

PORTIMÃO

Portimão is a town (cidade) and a municipality in the district of Faro, in the Algarve region of southern Portugal.

Historically a fishing and shipbuilding centre, it has nonetheless developed into a strong tourist centre oriented along its beaches and southern coast. The historic center keeps the charm of old fishing villages, while along the Arabe River you will find cafes, restaurants and cultural spaces. Portimão is also close to other towns in Algarve, making it perfect for weekend trips.



WHAT TO VISIT?



Museum of Portimão

The sardine museum is one of the best places to learn more about the history of the town, so inextricably linked to the canning industry.



Fortaleza de Santa Caterina

Located in the marina of Portimão, it is one of the most charming places in Portimão from which to enjoy a beautiful sunset.



Alvor

A small fishing village still imbued with that old Portuguese atmosphere. Several nature trails depart from here. Nice for a dinner out and karaoke nights!



Praia da Rocha

Relaxing by day, but lively by night. It is the centre of nightlife, with pubs, bars, restaurants and all kinds of entertainment.

FIRST DAYS, WHAT TO EXPECT?

The first days of the project will be dedicated to settling in and learning more about the city, the working places, and your roles.

During the first days, you will attend an “Induction Training”. This training will allow you to get more information about the places you will be working at, your housemates and your tutors.

You will also have the chance to get to discover the city, with all the places you will need to know to better experience Portimão, and meet other international volunteers and interns already living in Portimão,



LOGISTICAL INFORMATION

HOW TO GET TO PORTIMÃO FROM FARO

The public bus connection with Faro airport is provided by the **Próximo company circuit 16 bus**. Once outside the terminal just follow the signs to the bus stop.



Faro airport - Faro train and bus station

Tickets: 2,25€ - buy it directly on the bus (in cash – change available).

Bus route 16 (Faro city centre – Faro Airport) leads you to Faro Bus Station. The trip takes about 20 minutes.

Link [here](#)

Faro train station - Portimão

It is possible to get to Faro **train station** from the bus terminal by foot since it is located just 300m away. From there, get a train to Portimão (recommended). The trip takes around 1 hour. You can purchase the ticket online or at the ticket office. If you are 25 or younger, show your ID for youth discounts.

Link [here](#)

Faro bus station - Portimão

From the terminal station at Faro city centre, the **EVA Bus** company provides several connections to destinations in the country.

To check the prices and timetables you should look for

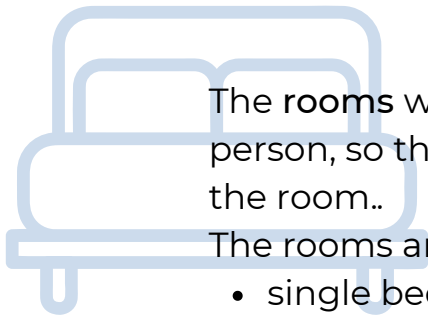
Transrapido_Faro-Lagos. The tickets can be purchased online or at the ticket office in the terminal station.

Link [here](#)

IMPORTANT!! In order to be reimbursed, you need to keep all the tickets you use. If you choose to move with Uber, we will not be able to process your refund.

ACCOMMODATION

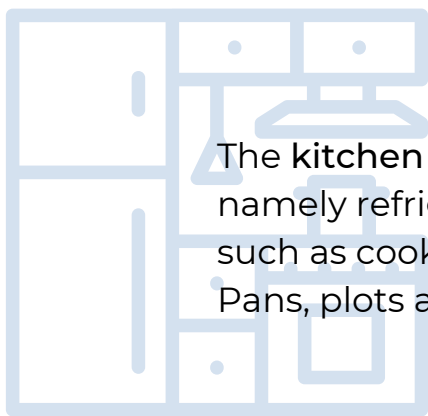
At your arrival in Portimão, **Marta Monteiro**, your coordinator will pick you up at the bus station, train station, or other place of arrival, and she will take you to your accommodation.



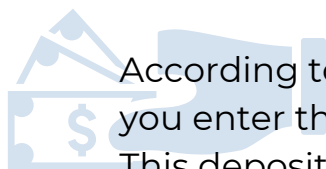
The **rooms** will be selected by lottery at the arrival of each person, so that each person can arrange their belongings in the room..

The rooms are equipped with:

- single beds
- pillow
- sheet and a duvet
- a place to store clothes
- two towels, one small (hand towel) and one big (shower towel).



The **kitchen** is provided with basic equipment namely refrigerator and stove and some utensils such as cookware, plates, cutlery and tupperwares. Pans, plots and moka are also provided.



According to our rules, you will have to pay a **deposit** when you enter the house.

This deposit will be reimbursed on the last day of the mobility activity, when the supervisor will have checked that the house is clean and there isn't anything broken or missing.

The deposit is 50 euros, it can be divided in two months.

WHAT TO BRING



- **Essential Documents** 📄

(passport or ID card; European Health Insurance Card)

- **Money and Cards** 💰

(take some cash with you since payments by card are not accepted everywhere)



- **Working Mobile Phone** 📱

(make sure you can use your Roaming connection, otherwise a Portuguese card will be required)

- **Clothing** 👕

(the weather is sunny most of the year, but since we are close to the Ocean, it is normal to have windy days)



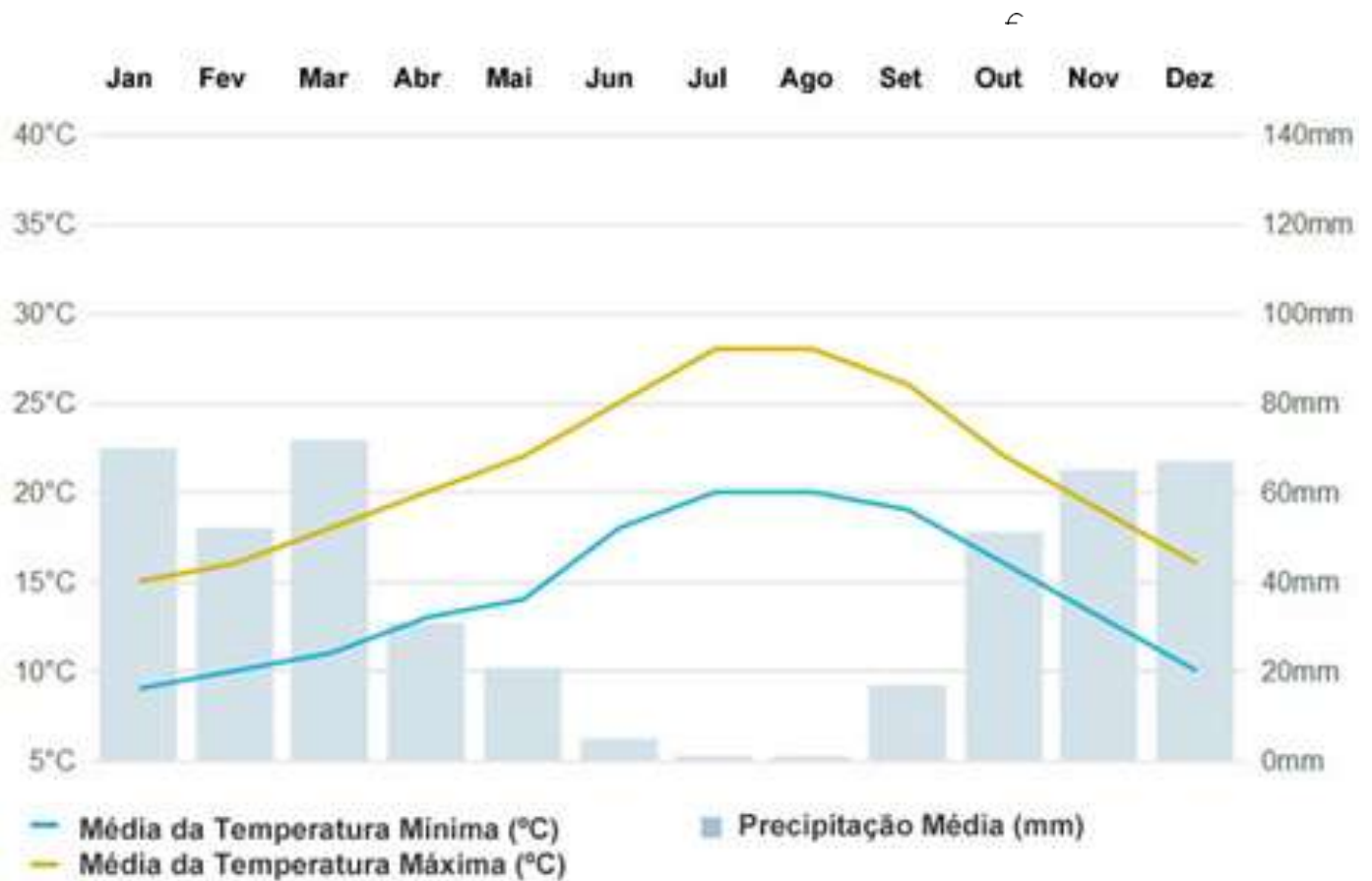
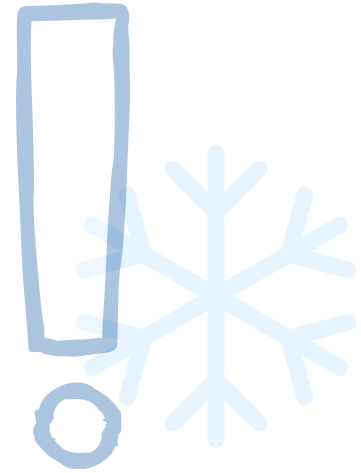
*If you forget something, don't worry —
you'll find everything you need in
Portimão ;)*

TEMPERATURES

In the image below, you can find the average temperatures in Portimão. We advise you to bring clothes according to the temperatures of the months that you are going to spend here.

Keep in consideration that the house does not have heating system and it can happen that during the winter night the temperature is around 5°C.

We recommend warm clothes and hot water bag!



CONTACTS

In case of any doubt or question, you can contact Marta Monteiro, the coordinator that will guide you during your stay here.

this is her contact:

MARTA MONTEIRO

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*We are looking forward to meeting you,
have a safe travel!*



Portimão - Portugal